



Estimating constants in generalised Wente-type estimates

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1 Introduction

Let Ω be a bounded, simply connected domain in \mathbb{R}^2 with a smooth boundary $\partial\Omega$. Given two functions a and b such that

$$\nabla a \in L^2(\Omega)$$
 and $\nabla b \in L^2(\Omega)$,

then let ϕ be the unique solution in $L^2(\Omega)$ to the Dirichlet problem

$$\begin{cases}
-\Delta \phi = a_x b_y - a_y b_x & \text{in } \Omega \\
\phi = 0 & \text{on } \partial \Omega,
\end{cases}$$
(1)

where Ω is parameterised by x and y, and subscript x and y denote the partial derivatives of a and b. The Wente (1969) inequality states that there exists a constant $C_0(\Omega)$ such that

$$\|\phi\|_{L^{\infty}(\Omega)} + \|\nabla\phi\|_{L^{2}(\Omega)} \le C_{0}(\Omega)\|\nabla a\|_{L^{2}(\Omega)}\|\nabla b\|_{L^{2}(\Omega)}.$$
 (2)

In this paper, we examine the following generalisation of the Wente inequality on D^2 , where D^2 a disk of radius 1 in \mathbb{R}^2 centered at the origin,

$$\|\phi\|_{L^{\infty}(D^2)} + \|\nabla\phi\|_{L^2(D^2)} \le C_0(p, D^2) \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)}, \tag{3}$$

with $\frac{1}{p} + \frac{1}{q} = 1$, $1 . We find the best constant <math>C_0(p, D^2)$ in the following result.

Theorem - ϕ satisfies the generalised Wente inequalities:

$$\|\phi\|_{L^{\infty}(D^{2})} \leq C_{\infty}(p, D^{2}) \|\nabla a\|_{L^{p}(D^{2})} \|\nabla b\|_{L^{q}(D^{2})} \quad \text{and}$$

$$\|\nabla \phi\|_{L^{2}(D^{2})} \leq C_{2}(p, D^{2}) \|\nabla a\|_{L^{p}(D^{2})} \|\nabla b\|_{L^{q}(D^{2})},$$

$$(4)$$

for two optimal constants $C_{\infty}(p, D^2)$ and $C_2(p, D^2)$ satisfying:

$$C_{\infty}(p, D^2) = \frac{K_p}{2\pi}, \quad C_2(p, D^2) = \sqrt{\frac{K_p}{2\pi}},$$

where

$$K_p = \frac{p \sin(\pi/p)}{(p-1)^{1/p}}, \quad 1$$

This is a significant result because (1) initially only tells us that $\Delta \phi$ is in L^1 , but this does not imply that $\phi \in L^{\infty}$ or that $\nabla \phi \in L^2$. The "div-curl" structure of (1) with the presence of the negative sign introduces a compensation phenomenon, allowing us to make the estimates in (2).

Baraket (1996) and Hélein (2002) found the optimal constant $C_0(\Omega) = \frac{1}{2\pi} + \sqrt{\frac{1}{2\pi}}$, independently of the domain Ω . That is, Baraket found this constant for simply connected Ω , and Hélein found this for any Ω .





2 Proof of results

Here we will prove the results stated in (4). First we find $C_{\infty}(p, D^2)$ and then we will find $C_2(p, D^2)$.

Theorem - Let ϕ be the solution to the Dirichlet problem

$$\begin{cases}
-\Delta \phi = a_x b_y - a_y b_x & \text{in } D^2 \\
\phi = 0 & \text{on } \partial D^2.
\end{cases}$$
(5)

Then it holds:

$$\|\phi\|_{L^{\infty}(D^2)} \le C_{\infty}(p, D^2) \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)},$$

with

$$C_{\infty}(p, D^2) = \frac{K_p}{2\pi}$$
, where $K_p = \frac{p \sin(\pi/p)}{(p-1)^{1/p}}$, $1 .$

Proof

By Green's Representation Theorem we have the following expression for ϕ ,

$$\phi(\mathbf{x}_0) = \int_{\partial D^2} \left(\phi \frac{\partial E(\mathbf{x} - \mathbf{x}_0)}{\partial v} - E(\mathbf{x} - \mathbf{x}_0) \frac{\partial \phi}{\partial v} \right) ds + \int_{D^2} E(\mathbf{x} - \mathbf{x}_0) \Delta \phi dx, \tag{6}$$

for fixed $\mathbf{x}_0 \in D^2$, $E(\mathbf{x} - \mathbf{x}_0) = \frac{1}{2\pi} log |\mathbf{x} - \mathbf{x}_0|$ and v is the exterior normal vector to ∂D^2 . Choosing $\mathbf{x}_0 = 0$ in (6) gives us

$$\phi(0) = \int_{B_1} E(\mathbf{x}) \Delta \phi dx. \tag{7}$$

Lemma - Performing a change of variables on (5) into polar coordinates gives

$$-\Delta \phi = \frac{1}{r} (a_r b_\theta - a_\theta b_r),\tag{8}$$

where $r = \sqrt{x^2 + y^2}$ and $\theta = Arctan(\frac{y}{x})$.

Proof

We start out with (5) and use the chain rule,

$$a_{x}b_{y} - a_{y}b_{x} = (a_{r}r_{x} + a_{\theta}\theta_{x})(b_{r}r_{y} + b_{\theta}\theta_{y}) - (a_{r}r_{y} + a_{\theta}\theta_{y})(b_{r}r_{x} + b_{\theta}\theta_{x})$$

$$= a_{r}b_{\theta}r_{x}\theta_{y} + a_{\theta}b_{r}r_{y}\theta_{x} - a_{r}b_{\theta}r_{y}\theta_{x} - a_{\theta}b_{r}r_{x}\theta_{y}$$

$$= a_{r}b_{\theta}(r_{x}\theta_{y} - r_{y}\theta_{x}) - a_{\theta}b_{r}(r_{x}\theta_{y} - r_{y}\theta_{x})$$

$$= (a_{r}b_{\theta} - a_{\theta}b_{r})(r_{x}\theta_{y} - r_{y}\theta_{x}). \tag{9}$$





Noting that

$$\begin{array}{lll} r_x\theta_y & = \frac{x}{\sqrt{x^2 + y^2}} \frac{1}{1 + \left(\frac{y}{x}\right)^2} \frac{1}{x} & = \frac{x^2}{r^3} \\ r_y\theta_x & = \frac{y}{\sqrt{x^2 + y^2}} \frac{-yx^{-2}}{1 + \left(\frac{y}{x}\right)^2} & = \frac{-y^2}{r^3}, \end{array}$$

and substituting into (9), the proof is complete.

Substituting (8) back into (7), we have

$$\phi(0) = \frac{-1}{2\pi} \int_0^1 \int_0^{2\pi} \log|r| (a_r b_\theta - a_\theta b_r) \, d\theta dr$$
$$= \frac{1}{2\pi} \int_0^1 \int_0^{2\pi} \log\left|\frac{1}{r}\right| (a_r b_\theta - a_\theta b_r) \, d\theta dr.$$

Using the product rule,

$$\phi(0) = \frac{1}{2\pi} \int_0^1 \int_0^{2\pi} \log \left| \frac{1}{r} \right| ((ab_{\theta})_r - (ab_r)_{\theta}) d\theta dr.$$

Since $ab_r(0) = ab_r(2\pi)$,

$$\phi(0) = \frac{1}{2\pi} \int_0^1 \int_0^{2\pi} \log \left| \frac{1}{r} \right| (ab_\theta)_r \, d\theta dr,$$

then using integration by parts,

$$\phi(0) = \frac{1}{2\pi} \int_0^1 \frac{1}{r} \int_0^{2\pi} ab_\theta \, d\theta dr. \tag{10}$$

Now observe that

$$\int_0^{2\pi} ab_{\theta} d\theta = \int_0^{2\pi} (a - \overline{a})b_{\theta} d\theta \quad \text{where } \overline{a}(r) = \frac{1}{2\pi} \int_0^{2\pi} a(r, \sigma) d\sigma.$$

Hence,

$$\left| \int_0^{2\pi} ab_{\theta} d\theta \right| = \left| \int_0^{2\pi} (a - \overline{a}) b_{\theta} d\theta \right|$$

$$\leq \|a - \overline{a}\|_{L^p(0,2\pi)} \|b_{\theta}\|_{L^q(0,2\pi)}, \tag{11}$$

where the last inequality is true by Hölder's inequality.

By the Poincaré inequality, we have that

$$||a - \overline{a}||_{L^{p}(0,2\pi)} ||b_{\theta}||_{L^{q}(0,2\pi)} \le K_{p} ||a_{\theta}||_{L^{p}(0,2\pi)} ||b_{\theta}||_{L^{q}(0,2\pi)}, \tag{12}$$

where
$$K_p = \frac{p \sin(\pi/p)}{(p-1)^{1/p}}$$
, see Appendix A.



Now substituting (12) into (10), we have that

$$|\phi(0)| \leq \frac{K_p}{2\pi} \int_0^1 ||a_{\theta}||_{L^p} ||b_{\theta}||_{L^q} \frac{dr}{r}$$

$$= \frac{K_p}{2\pi} \int_0^1 \frac{||a_{\theta}||_{L^p}}{r^{\frac{1}{q}}} \frac{||b_{\theta}||_{L^q}}{r^{\frac{1}{p}}} dr.$$
(13)

With another application of Hölder's inequality,

$$|\phi(0)| \leq \frac{K_p}{2\pi} \left(\int_0^1 \left| \frac{\|a_\theta\|_{L^p}}{r^{\frac{1}{q}}} \right|^p dr \right)^{\frac{1}{p}} \left(\int_0^1 \left| \frac{\|b_\theta\|_{L^q}}{r^{\frac{1}{p}}} \right|^q dr \right)^{\frac{1}{q}}$$

$$= \frac{K_p}{2\pi} \left(\int_0^1 \left| \frac{\int_0^{2\pi} |a_\theta|^p d\theta}{r^{\frac{p}{q}}} \right| dr \right)^{\frac{1}{p}} \left(\int_0^1 \left| \frac{\int_0^{2\pi} |b_\theta|^q d\theta}{r^{\frac{q}{p}}} \right| dr \right)^{\frac{1}{q}}.$$

$$(14)$$

Note that $\frac{p}{q} = p - 1$ and $\frac{q}{p} = q - 1$, so we have

$$|\phi(0)| \le \frac{K_p}{2\pi} \left(\int_0^1 \int_0^{2\pi} \left| \frac{a_\theta}{r} \right|^p r d\theta dr \right)^{\frac{1}{p}} \left(\int_0^1 \int_0^{2\pi} \left| \frac{b_\theta}{r} \right|^q r d\theta dr \right)^{\frac{1}{q}}. \tag{15}$$

Now observe that

$$\left(\int_0^1 \int_0^{2\pi} \left| \frac{a_{\theta}}{r} \right|^p r d\theta dr \right)^{\frac{1}{p}} = \left(\int_0^1 \int_0^{2\pi} \left(\left| \frac{a_{\theta}}{r} \right|^2 \right)^{\frac{p}{2}} r d\theta dr \right)^{\frac{1}{p}} \\
\leq \left(\int_0^1 \int_0^{2\pi} \left(\left| \frac{a_{\theta}}{r} \right|^2 + |a_r|^2 \right)^{\frac{p}{2}} r d\theta dr \right)^{\frac{1}{p}} \\
= \left(\int_0^1 \int_0^{2\pi} |\nabla a|^p r d\theta dr \right)^{\frac{1}{p}}.$$

Thus:

$$\left(\int_0^1 \int_0^{2\pi} \left| \frac{a_\theta}{r} \right|^p r d\theta dr \right)^{\frac{1}{p}} \le \|\nabla a\|_{L^p(D^2)}. \tag{16}$$

Similarly,

$$\left(\int_{0}^{1} \int_{0}^{2\pi} \left| \frac{b_{\theta}}{r} \right|^{q} r d\theta dr \right)^{\frac{1}{q}} \leq \|\nabla b\|_{L^{q}(D^{2})}. \tag{17}$$

Substituting (16) and (17) back into (15) we have

$$|\phi(0)| \le \frac{K_p}{2\pi} \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)}. \tag{18}$$

This gives us the upper bound of ϕ at the center of the disk.

To find the upper bound for ϕ over the whole disk, we introduce the conformal transformation $T:D^2\to D^2$ given by

$$T(z) = \frac{z_0 + z}{1 + \overline{z_0}z}, \quad \text{with fixed } z_0 \in D^2.$$
 (19)



T is a smooth map that maps the boundary of D^2 to itself, and $T(0) = z_0$.

Let

$$\tilde{a} = a \circ T, \quad \tilde{b} = b \circ T, \quad \widetilde{\phi} = \phi \circ T.$$

Lemma - Equation (5) is conformally invariant under T, namely:

$$\begin{cases}
-\Delta \widetilde{\phi} = \widetilde{a}_x \widetilde{b}_y - \widetilde{a}_y \widetilde{b}_x \\
\widetilde{\phi} = 0.
\end{cases}$$
(20)

Proof

Let (u, v) = T(x, y).

$$\begin{split} -\Delta \widetilde{\phi}(x,y) &= -\Delta \phi(u,v) = -\phi(u,v)_{xx} - \phi(u,v)_{yy} \\ &= -(\phi_u u_x + \phi_v v_x)_x - (\phi_u u_y + \phi_v v_y)_y \\ &= -(\phi_{ux} u_x + \phi_u u_{xx}) - (\phi_{vx} v_x + \phi_v v_{xx}) - (\phi_{uy} u_y + \phi_u u_{yy}) - (\phi_{vy} v_y + \phi_v v_{yy}). \end{split}$$

Since T is a conformal transformation, then u and v satisfy the Cauchy-Riemann equations, (i.e. $u_x = v_y$ and $u_y = -v_x$), giving us,

$$-\Delta \widetilde{\phi} = -(u_x(\phi_{ux} + \phi_{vy}) + u_y(\phi_{uy} - \phi_{vx}) + \phi_u(u_{xx} + u_{yy}) + \phi_v(v_{xx} + v_{yy})),$$

Furthermore, since T is conformal, u and v are harmonic functions (ie. $u_{xx} + u_{yy} = 0$ and $v_{xx} + v_{yy} = 0$), so

$$-\Delta \widetilde{\phi} = -(u_x(\phi_{ux} + \phi_{vy}) + u_y(\phi_{uy} - \phi_{vx}))$$

$$= -(u_x(\phi_{uu}u_x + \phi_{uv}v_x + \phi_{uv}u_y + \phi_{vv}v_y) + u_y(\phi_{uu}u_y + \phi_{uv}v_y - \phi_{uv}u_x - \phi_{vv}v_x))$$

$$= -(\phi_{uu}u_x^2 + \phi_{vv}u_xv_y + \phi_{uu}u_y^2 - \phi_{vv}u_yv_x)$$

$$= -(\phi_{uu} + \phi_{vv})(u_x^2 + u_y^2)$$

$$= -\Delta\phi(u_x^2 + u_y^2). \tag{21}$$

Now evaluating the right hand side of (20),

$$\tilde{a}_{x}\tilde{b}_{y} - \tilde{a}_{y}\tilde{b}_{x} = (a_{u}u_{x} + a_{v}v_{x})(b_{u}u_{y} + b_{v}v_{y}) - (a_{u}u_{y} + a_{v}v_{y})(b_{u}u_{x} + b_{v}v_{x})
= a_{u}u_{x}b_{v}v_{y} + a_{v}v_{x}b_{u}u_{y} - a_{u}u_{y}b_{v}v_{x} - a_{v}v_{y}b_{u}u_{x}
= (a_{u}b_{v} - a_{v}b_{u})(u_{x}v_{y} - u_{y}v_{x})
= (a_{u}b_{v} - a_{v}b_{u})(u_{x}^{2} + u_{u}^{2}).$$
(22)





Combining (21) and (22) we see that

$$-\Delta \widetilde{\phi}(x,y) = \widetilde{a}_x \widetilde{b}_y - \widetilde{a}_y \widetilde{b}_x$$

$$\Rightarrow -\Delta \phi(u,v)(u_x^2 + u_y^2) = (a_u b_v - a_v b_u)(u_x^2 + u_y^2).$$

However $u_x^2 + u_y^2 \ge 0$, and since $T' \ne 0$ then $u_x^2 + u_y^2 > 0$, thus we have

$$-\Delta\phi(u,v) = a_u b_v - a_v b_u.$$

Using Green's Representation Theorem on (20), similarly as in (7), we get

$$\widetilde{\phi}(0) = \frac{1}{2\pi} \int_0^1 \frac{1}{r} \int_0^{2\pi} \tilde{a} \tilde{b}_{\tilde{\theta}} d\tilde{\theta} dr. \tag{23}$$

T induces a diffeomorphism of ∂D^2 . We paramaterize $\partial D^2 = T(\partial D^2)$ by $\tilde{\theta} \in [0, 2\pi]$. There exists a constant $\gamma := \operatorname{Arctan}(T(1))$ depending only on z_0 such that

$$\int_0^{2\pi} \tilde{a}\tilde{b}_{\tilde{\theta}}d\tilde{\theta} = \int_{\gamma}^{2\pi+\gamma} ab_{\theta}d\theta. \tag{24}$$

The Poincaré inequality is invariant under translation (mutatis mutandis Appendix A),

$$\left| \int_{\gamma}^{2\pi + \gamma} ab_{\theta} d\theta \right| \le K_p \|a_{\theta}\|_{L^p(0, 2\pi)} \|b_{\theta}\|_{L^q(0, 2\pi)}, \tag{25}$$

hence

$$\left| \int_{0}^{2\pi} \tilde{a} \tilde{b}_{\tilde{\theta}} d\tilde{\theta} \right| \leq K_{p} \|a_{\theta}\|_{L^{p}(0,2\pi)} \|b_{\theta}\|_{L^{q}(0,2\pi)}.$$

Hence, as in (18),

$$|\widetilde{\phi}(0)| \le \frac{K_p}{2\pi} \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)}.$$

Thus:

$$|\phi(z_0)| \le \frac{K_p}{2\pi} \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)}.$$

As this holds for all z_0 in D^2 with the same constant K_p , we find

$$\|\phi\|_{L^{\infty}(D^{2})} \leq \frac{K_{p}}{2\pi} \|\nabla a\|_{L^{p}(D^{2})} \|\nabla b\|_{L^{q}(D^{2})}.$$
(26)

Thus

$$C_{\infty}(p, D^2) = \frac{K_p}{2\pi},$$

thereby completing the proof.



Now we will prove the claim for the constant $C_2(p, D^2)$ in (4).

Theorem - Let ϕ be the solution to (5). Then we have:

$$\|\nabla \phi\|_{L^2(D^2)} \le C_2(p, D^2) \|\nabla a\|_{L^p(D^2)} \|\nabla b\|_{L^q(D^2)},$$

with

$$C_2(p, D^2) = \sqrt{\frac{K_p}{2\pi}}, \text{ and } K_p = \frac{p\sin(\pi/p)}{(p-1)^{1/p}}.$$

Proof

Let

$$\nabla = (\partial_x, \partial_y), \quad \nabla^{\perp} = (-\partial_y, \partial_x).$$

Then

$$\nabla a \cdot \nabla b^{\perp} = a_x b_y - a_y b_x. \tag{27}$$

By Hölder's inequality,

$$\left\| \nabla a \cdot \nabla b^{\perp} \right\|_{L^{1}(D^{2})} \leq \left\| \nabla a \right\|_{L^{p}(D^{2})} \left\| \nabla b \right\|_{L^{q}(D^{2})}, \tag{28}$$

where

$$\frac{1}{p} + \frac{1}{q} = 1, \quad 1$$

Now we find an upper bound for $\|\nabla \phi\|_{L^2}$.

$$\|\nabla\phi\|_{L^{2}(D^{2})}^{2} = \int_{0}^{2\pi} \int_{0}^{1} |\nabla\phi|^{2} r dr d\theta$$

$$= \int_{0}^{2\pi} \int_{0}^{1} (\phi_{r}^{2} + \frac{1}{r^{2}} \phi_{\theta}^{2}) r dr d\theta$$

$$= \int_{0}^{2\pi} \int_{0}^{1} \phi_{r}^{2} r dr d\theta + \int_{0}^{2\pi} \int_{0}^{1} \frac{1}{r} \phi_{\theta}^{2} dr d\theta.$$
(29)

Let

$$A = \int_0^{2\pi} \int_0^1 \phi_r^2 r dr d\theta \quad \text{and} \quad B = \int_0^{2\pi} \int_0^1 \frac{1}{r} \phi_\theta^2 dr d\theta.$$

First we simplify A. With an integration by parts, we get:

$$A = \int_{0}^{2\pi} \phi \phi_{r} r \Big|_{r=0}^{r=1} d\theta - \int_{0}^{2\pi} \int_{0}^{1} \phi \phi_{rr} r dr d\theta - \int_{0}^{2\pi} \int_{0}^{1} \phi \phi_{r} dr d\theta.$$

Then because $\phi = 0$ on ∂D^2 ,

$$A = -\int_0^{2\pi} \int_0^1 \phi \phi_{rr} r dr d\theta - \int_0^{2\pi} \int_0^1 \phi \phi_r dr d\theta.$$





Now we simplify B. Using integration by parts gives us

$$B = \int_0^1 \frac{1}{r} \phi \phi_\theta \bigg|_{\theta=0}^{\theta=2\pi} dr - \int_0^1 \frac{1}{r} \int_0^{2\pi} \phi \phi_{\theta\theta} d\theta dr.$$

 $\phi\phi_{\theta}(r,0) = \phi\phi_{\theta}(r,2\pi)$ so we have:

$$B = -\int_0^1 \frac{1}{r} \int_0^{2\pi} \phi \phi_{\theta\theta} d\theta dr.$$

Substituting A and B back into (29) we get

$$\|\nabla\phi\|_{L^{2}(D^{2})}^{2} = -\int_{0}^{2\pi} \int_{0}^{1} \phi \phi_{rr} r + \frac{1}{r} \phi \phi_{r} + \frac{1}{r^{2}} \phi \phi_{\theta\theta} r dr d\theta$$
$$= -\int_{0}^{2\pi} \int_{0}^{1} \phi \Delta \phi r dr d\theta. \tag{30}$$

By (27),

$$\|\nabla\phi\|_{L^2(D^2)}^2 = \int_0^{2\pi} \int_0^1 \phi \nabla a \cdot \nabla b^\perp r dr d\theta,$$

and by Hölder's inequality,

$$\int_0^{2\pi} \int_0^1 \phi \nabla a \cdot \nabla b^{\perp} r dr d\theta \le \|\phi\|_{L^{\infty}(D^2)} \|\nabla a \cdot \nabla b^{\perp}\|_{L^1(D^2)}. \tag{31}$$

By (26) and (28),

$$\|\nabla \phi\|_{L^{2}(D^{2})}^{2} \leq \|\phi\|_{L_{\infty}(D^{2})} \|\nabla a\|_{L^{p}(D^{2})} \|\nabla b\|_{L^{q}(D^{2})}$$
$$\leq \frac{K_{p}}{2\pi} \|\nabla a\|_{L^{p}(D^{2})}^{2} \|\nabla b\|_{L^{q}(D^{2})}^{2}.$$

Hence,

$$\|\nabla \phi\|_{L^{2}(D^{2})} \leq \sqrt{\frac{K_{p}}{2\pi}} \|\nabla a\|_{L^{p}(D^{2})} \|\nabla b\|_{L^{q}(D^{2})}.$$
(32)

Therefore we see that

$$C_2(p, D^2) = \sqrt{\frac{K_p}{2\pi}},$$
 as claimed.

3 Further work

Our results give the best constant for the disk but we do not know whether this is true for any Ω , unlike the standard Wente inequality [Topping (1997)]. Further, it is not clear whether the constant remains valid for Ω simply connected, unlike the standard Wente inequality [Baraket (1996)]. Inspecting our proof, we conjecture:



Let ϕ be the unique solution to (1), where $\partial\Omega$ is a graph over a circle, then it holds:

$$\begin{cases} \|\phi\|_{L^{\infty}(\Omega)} & \leq C_{\infty}(p,\Omega) \|\nabla a\|_{L^{p}(\Omega)} \|\nabla b\|_{L^{q}(\Omega)} \\ \|\phi\|_{L^{2}(\Omega)} & \leq C_{2}(p,\Omega) \|\nabla a\|_{L^{p}(\Omega)} \|\nabla b\|_{L^{q}(\Omega)}, \end{cases}$$

where $C_2(p,\Omega)$ and $C_{\infty}(p,\Omega)$ are as in (4).

This is because there exists a smooth, bijective, conformal map between all simply connected domains in \mathbb{C} , by the Riemann mapping theorem, taking the boundary of D^2 to the boundary of Ω . Since ∂D is mapped to $\partial \Omega$ in a one-to-one fashion and all points on $\partial \Omega$ can be parameterised along $[0, 2\pi]$ uniquely, this should not affect our constant found in (4).

Appendix A Poincaré Inequality

The Poincaré inequality, in one dimension on (-1,1), is given by

$$||a(x) - \bar{a}_x||_{L^p(-1,1)} \le G_p ||a'(x)||_{L^p(-1,1)},$$
(33)

where $\bar{a}_x = \frac{1}{2} \int_{-1}^{1} a(x) dx$.

Stanoyevitch (1990) found, on the interval (-1,1), the Poincaré constant G_p to be

$$G_p = \frac{p\sin(\pi/p)}{\pi(p-1)^{1/p}}, \quad 1$$

We will show that on $(0, 2\pi)$

$$||a(y) - \bar{a}_y||_{L^p(0,2\pi)} \le \pi G_p ||a'(y)||_{L^p(0,2\pi)},$$
 (34)

where $\bar{a}_y = \frac{1}{2\pi}a(y)dy$.

(35)

Proof

Let

$$y = (x+1)\pi, \quad \frac{dy}{dx} = \pi.$$

We have

$$\begin{aligned} \|a(y) - \bar{a}_y\|_{L^p(0,2\pi)}^p &= \int_0^{2\pi} \left| a(y) - \frac{1}{2\pi} \int_0^{2\pi} a(u) du \right|^p dy \\ &= \pi \int_0^1 \left| a(\pi(x+1)) - \frac{1}{2} \int_0^1 a(\pi(u+1)) du \right|^p dx. \end{aligned}$$



Let $A(x) = a(\pi(x+1))$ and $\bar{A}_x = \frac{1}{2} \int_{-1}^1 A(u) du$, then

$$\begin{aligned} \|a(y) - \bar{a}_y\|_{L^p(0,2\pi)}^p &= \pi \int_{-1}^1 \left| A(x) - \frac{1}{2} \int_{-1}^1 A(u) du \right|^p dx \\ &= \pi \|A(x) - \bar{A}_x\|_{L^p(-1,1)}^p \, . \end{aligned}$$

By the Poincaré inequality,

$$\begin{split} \pi \big\| A(x) - \bar{A}_x \big\|_{L^p(-1,1)}^p &\leq \pi G_p^p \big\| A'(x) \big\|_{L^p(-1,1)}^p \\ &= \pi G_p^p \int_{-1}^1 \big| a'(\pi(x+1)) \big|^p dx. \end{split}$$

Now substituting y in,

$$\pi G_p^p \int_{-1}^1 \left| a'(\pi(x+1)) \right|^p dx = G_p^p \int_0^{2\pi} \left| \frac{da}{dy} \frac{dy}{dx} \right|^p dy$$
$$= G_p^p \pi^p \left\| a'(y) \right\|_{L^p(0,2\pi)}^p$$
$$= G_p^p \pi^p \int_0^{2\pi} |a'(y)|^p dy.$$

Thus, as claimed,

$$||a(y) - \bar{a}_y||_{L^p(0,2\pi)} \le G_p \pi ||a'(y)||_{L^p(0,2\pi)}.$$

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